

# North Yarra

## Community Health

2010 - 2011 COMMUNITY REPORT / 2012 CALENDAR



A photograph from the Mind Pix project

### A year in review

The last twelve months have been busy and largely successful. Health has been on the national political agenda and new organisations called 'Medicare Locals' will soon be established. We will be part of the Inner North West Medicare Local and will continue to work hard to ensure that the proposed changes deliver real benefits to our communities.

It's disappointing to report that there has been no progress on the relocation of our Carlton Site, and over the next year the Board will be considering what steps need to be taken to ensure that the services we provide in Carlton are safe for both staff and clients.

### Some specific highlights include:

- **Launch of the Yarra Bike Fleet:** Funded by Sustainability Victoria this project gives residents of public housing in Yarra access to bikes, which provide low cost, environmentally friendly and healthy transport.
- **Chronic Disease Management project:** With a very small amount of funding we employed a project worker to help improve our systems and processes so that we can provide better services to clients with long term health conditions.
- **Speech Pathology project:** Long waiting lists for Speech Pathology services for children under six inspired Community Health Centres in Yarra, Moreland, Melbourne and Moonee Valley to team up and trial a service which included group assessments and initial therapy.

- **Collingwood Living in Harmony Project:** Initial planning has commenced for this project to focus on decreasing the incidence of family violence. Some funding has already been secured and the project will start soon.

- **Men's Sheds:** Both the Yarra Men's Shed and the Carlton Men's Shed had some significant successes during the year. The newly constructed Yarra Shed was formally launched on June 29th while the Carlton Men's Shed was successful in achieving some funding for refurbishments.

- **Learning Space:** The very successful 'Learning Space' project links high school students at the Collingwood Youth Space with one-on-one volunteer tutors. Many thanks to the Lions Club of Melbourne and the Melbourne Young Lions.

- **Mind Pix:** This inspiring project was made possible with funding from the City of Yarra and saw clients of our YCS program (Psychiatric Disability Rehabilitation & Support) work with staff to develop their photography and digital story telling skills.

- **InnerSpace Art Exhibition:** The Collingwood Rotary Club provided funding for an art project by clients of InnerSpace (our service which focuses on the health and social needs of people who inject illicit drugs).

- **The Crunch:** During the year we worked closely with Social Traders and our mentors from Westpac to develop a business plan for a social enterprise, which will see us establishing a business that will generate profits to support the core work of NYCH.

The achievements of this year have positioned us well to meet the challenges to come next year and beyond so that we can continue to provide high quality services to our community.

Güler's photographs were used for the North Yarra Community Health Community Report 2010 - 2011 & Calendar 2012.